



Crisis Centre of BC Welcomes National Suicide Prevention Action Plan

The Crisis Centre of BC applauds the announcement of the country's first [National Suicide Prevention Action Plan](#). This plan is a critical step forward in strengthening Canada's response to suicide and improving crisis care.

"Suicide prevention is one part mental health services and three parts effective means prevention, a robust social safety net, and access to education and financial stability," says Stacy Ashton, Executive Director of the Crisis Centre of BC. "This plan recognizes the importance of a comprehensive approach that includes improved data collection, better access to mental health supports and services, and investment in the social determinants of health."

The Action Plan comes six months after the launch of Canada's national 9-8-8 Suicide Crisis Helpline, and follows additional mental health investments announced in Budget 2024, including the Youth Mental Health Fund.

The Crisis Centre of BC looks forward to working with the government and other stakeholders in implementing this plan and ensuring these vital resources are effectively utilized.

About the Crisis Centre of BC

The Crisis Centre of BC is a leading provider of crisis intervention and suicide prevention services in British Columbia. The Centre operates 24/7 crisis lines offering barrier-free, non-judgemental, confidential support and follow-up, as well as education and training programs that promote mental wellness and equip schools, organizations and communities to assist people at risk of suicide.

310-6789 (no area code needed)
BC Mental Health Support Line

1-800-SUICIDE / 1-800-784-2433
BC Suicide Prevention and Intervention Line

9-8-8
National Suicide Crisis Helpline / Ligne d'aide en cas de crise de suicide

Media Requests

Jeffrey Preiss
Director, Development & Communications
jpreiss@crisiscentre.bc.ca

Stacy Ashton
Executive Director, Crisis Centre of BC
Chair, BC Crisis Line Network
sashton@crisiscentre.bc.ca